



# EMC SENIOR CENTER

21679 McCleskey Road, New Caney, TX 77357

281-577-8911



OPEN MONDAY - THURSDAY  
8AM - 3PM  
FRIDAY  
8AM - 12PM

SERVING MONTGOMERY COUNTY  
SENIOR CITIZENS AGES 60+

LUNCH DAILY @ 11:30AM

**BINGO**  
STARTS @ 12PM  
\$2.00 PER PERSON TO PLAY  
LUNCH IS \$1.00  
YOU MUST LIVE IN  
MONTGOMERY COUNTY TO  
EAT LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Encompass Health Blood Pressure Checks Mondays @ 10:30am - 12:00pm	Agrilife Gardening Class Tuesdays @ 9:00am			
3 PORK & CABBAGE STEW RICE BROCCOLI	4 MEATLOAF MASHED POTATOES GREEN BEANS	5 TOMATO BASIL SOUP PARMESAN GARLIC FOCACCIA BRUSSEL SPROUTS	6 EGG SALAD SANDWICH PASTA SALAD LEMON BAR	7 BACON EGG & CHEESE SCRAMBLE OATMEAL MIXED VEGETABLE
10 GREEK STROMBOLI MARINARA ITALIAN VEGGIES	11 CHICKEN FETTUCCINI ALFREDO BROCCOLI SPICED APPLESAUCE	12 STUFFED PEPPER CASSEROLE CARIBBEAN VEGGIES CONGO SQUARE <b>CRAFTS @12-3PM</b>	13 ORZO GREEK SALAD COLESLAW JELLO <b>BIRTHDAY/FATHERS DAY CAKE</b>	14 CHICKEN & BROCCOLI STUFFED POTATOES OKRA & TOMATOES ROASTED PEACHES
17 SPAGHETTI & MEATBALLS RATATOUILLE BROWNIE	18 Lone Star Legal Aid @9:30am BISCUITS & SAUSAGE GRAVY PEAS & CARROTS BLACK BEANS & CORN	19 <b>CENTER CLOSED</b>	20 CHICKEN BROCCOLI RICE CASSEROLE ROASTED BABY CARROTS SPICE CAKE	21 CHICKEN PICCATA TORTELLINI PASTA SALAD COLESLAW CHOCOLATE PUDDING
24 TURKEY TETRAZZINI ITALIAN VEGGIES STRAWBERRY CRISP	25 CHICKEN STIR FRY ORIENTAL VEGGIES BANANA BREAD	26 MUSHROOM ONION SWISS BURGER POTATOES O'BRIEN BRUSSEL SPROUTS <b>CRAFTS @12-3PM</b>	27 SESAME CHICKEN SALAD CUCUMBER SALAD PINEAPPLE UPSIDE DOWN CAKE <b>PAINT PARTY- \$10 @9AM-11AM</b>	28 BEEF STROGANOFF OVER NOODLES BROCCOLI FRUIT COMPOTE



SUMMER